Only for the use of Medical Professionals

# Lotensin®

# Description

**Lotensin**<sup>®</sup> is the preparation of Timolol Maleate. It is a nonselective  $\beta$ -blocker. **Lotensin**<sup>®</sup> has the action of reducing elevated intraocular pressure, whether or not accompanied by glaucoma. The action of **Lotensin**<sup>®</sup> is usually rapid, occurring approximately 20 minutes following ocular instillation and maximum effect occurs in one to two hours.

# Indications

Lotensin<sup>®</sup> is used in the following conditions :

- Ocular hypertension
- Chronic open-angle glaucoma
- Aphakic and secondary glaucoma

# **Dosage and administration**

**Adult**: The usual starting dose is one drop of 0.5% **Lotensin**<sup>®</sup> in the affected eye twice a day. If the intra ocular pressure is maintained at satisfactory level, the dosage schedule may be changed to one drop once a day. Since in some patients the pressure lowering response to **Lotensin**<sup>®</sup> may require a few weeks to stabilize, evaluation should include a determination of intra ocular pressure after approximately 4 weeks of treatment with **Lotensin**<sup>®</sup>

**Children**: Timolol Maleate is not recommended in premature baby and newborn because clinical studies in children have not been conducted.

#### Pregnancy

Timolol Maleate has not yet been studied in human pregnancy. **Lotensin**<sup>®</sup> eye drop should therefore not be used during pregnancy unless there is a clear benefit.

#### Lactation

 $\beta$ -bolckers are excreted in the milk. The risk of hypoglycemia and bradycardia in nursing infants has not been evaluated. Breast-feeding is not recommended during treatment.

#### Side Effects

Like other topically applied opthalmic drugs, **Lotensin**<sup>®</sup> eye drop may be absorbed into the systemic circulation. This may cause similar undesirable effects as seen with oral- $\beta$ -blocking agents.

#### Contraindications

Systemic absorption may follow topical application therefore **Lotensin**<sup>®</sup> is contraindicated in patients with bradycardia, heart block or uncontrolled heart failure.

# Precautions

Precautions should be taken with bronchospastic disease, congestive cardiac failure. Withdraw drug gradually if  $\beta$ -blocker side effects e.g. skin rash, dry eyes occur.

#### Overdose

The most common side effects caused by  $\beta$ -blocker overdosage are symptomatic bradycardia, hypotension, bronchospasm and acute cardiac insufficency.

# **Drug Interactions**

Since systemic absorption may follow topical application the possibility of interactions persists. Ophthalmic supervision is required in case of concomitant therapy with eye drops containing adrenaline (mydriasis may occur).

# **Pharmaceutical Precautions**

Store in a cool dry place. Protect from light.

# Presentation

Timolol Maleate is a  $\beta$ -adrenergic receptor blocking agent. It is a clear isotonic solution that is sterile until the bottle is opened. Lt contains Timolol 0.5% as Maleate BP.

# **Packing Quantities**

**Lotensin**<sup>®</sup> 0.5% eye drops : Dropper bottle of 5 ml.

® Registered Trade Mark



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